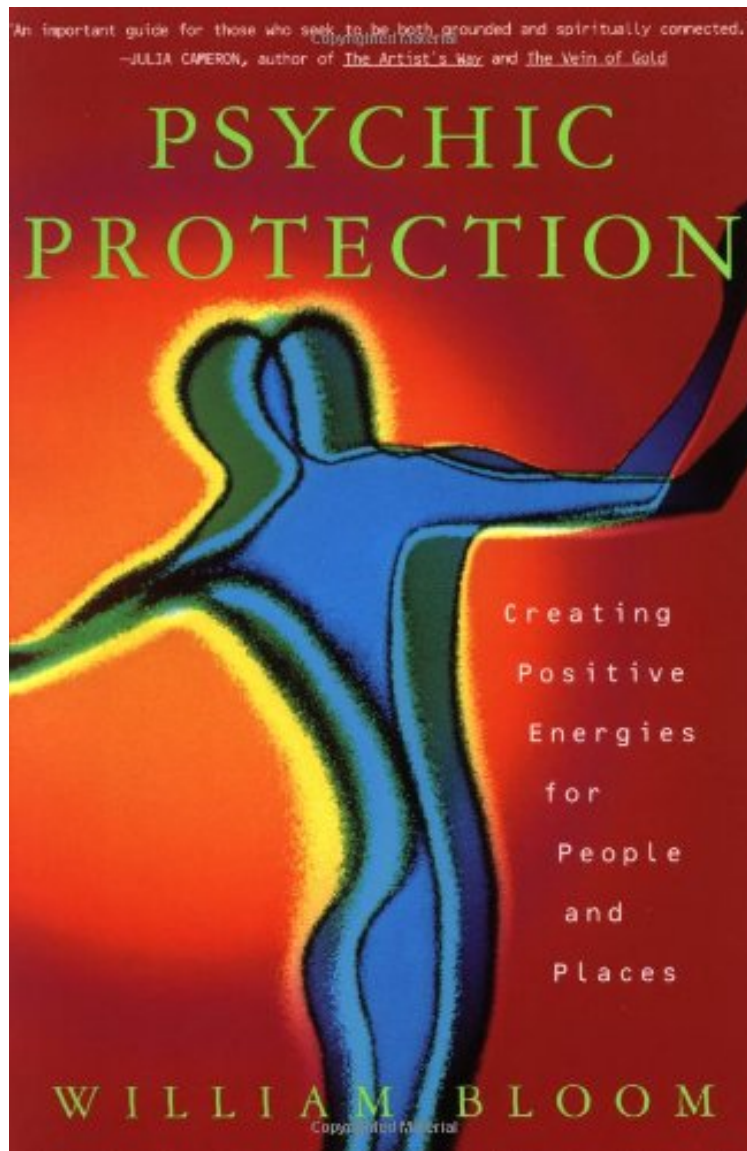


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Psychic Protection: Creating Positive Energies for People and Places

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"An important guide for those who seek to be both grounded and spiritually connected" (Julia Cameron, author of "The Artist's Way"), "Psychic Protection" offers practical ways to dispel the uncomfortable or hostile atmosphere that permeates difficult or unpleasant situations.

.com In *Psychic Protection* William Bloom focuses on the everyday threat of lingering negative energies and atmospheres and how to protect yourself from their debilitating effects with simple exercises that anyone can learn. He also discusses advanced techniques for changing these atmospheres and imbuing them with calm, pleasant energies. But Bloom's techniques are good for more than just self-preservation, and he points out how we can work beyond our personal spaces and change the atmosphere on a larger scale by applying the ideas in this simple book on a level on which we are all connected by shared space. About the Author Dr William Bloom is considered by many to be Britain's leading holistic teacher. He co-founded Alternatives and is the founder of the Spiritual Freedom Network and the educational consultancy Holistic Partnerships. He has appeared on, and acted as a consultant for, numerous television and radio programmes.